

UNLIMITED MIND online course

QUALITIES OF LACK

Your mindset determines the quality of your life. Living in abundance means focusing on possibilities, growth, and gratitude, while a mindset of lack focuses on fear, limitation, and excuses. Use this guide to recognize where you are - and where you want to be.

- Makes excuses
- Complains often
- Procrastinates
- Victim mentality
- Sustains lack mindset
- Has no confidence
- Never has enough time
- Constantly has no energy
- Never has enough money
- Chronically disbelieves
- Argues against possibilities
- Looks for limitations
- Bad habits
- Sabotages goals
- Misses opportunities
- Addicted to stress
- Fears risk
- Not an independent thinker
- Makes the same mistakes
- Constantly self-doubts
- Constantly uninspired
- Lives in survival
- Incoherent thinking
- Obsesses over problems
- Over analyzes
- Rarely takes action steps
- Always goes in same direction
- Keeps telling stories from past
- No vision
- Unaware of possibilities
- Difficulty focusing
- Lazy
- Fears making mistakes
- Predictable
- Easily influenced by others' beliefs
- Compares to others
- Has stopped learning
- Spends more than they earn
- Focuses on worst case scenarios
- Envious and jealous
- Easily discouraged & distracted

TIP: Every moment gives you a choice - to think, act, and feel from abundance or lack. Choose abundance daily and watch your life expand in ways you never imagined.